



EAGLE CAFE

Feeding Bodies-Fueling Minds Middle School

Eagle Pride Favorites

April 2025

Hot off the Eagle Grill

- 3/31 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
- 4/1 Nachos Deluxe/Refried Beans/California Blend
- 4/2 Hot Dogs/Chili/Baked Beans/Fries
- 4/3 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
- 4/4-4/13 Spring Break Begins! See you back 4/14
- 4/14 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
- 4/15 Chicken Fajitas/Refried Beans/Tortilla Chips/Corn
- 4/16 Cherry Blossom Chicken/Broccoli/Rice/Peas
- 4/17 Cheesy Pasta Bake/Green Beans/Carrots/Garlic Bread
- 4/18 French Tst Sticks/Sausage/Hash Browns/CinnamonApples
- 4/21 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
- 4/22 Nachos Deluxe/Refried Beans/California Blend
- 4/23 Grilled Cheese/Tomato Soup/Hash Browns
- 4/24 Oven Fried Chicken/Cheesy Potatoes/Corn/Roll
- 4/25 Early Release Menu
- 4/28 Macaroni and Cheese/Smile Fries/Broccoli/Pretzel
- 4/29 Tacos or Walking Taco/Refried Beans/Tortilla Chips/Corn
- 4/30 Chicken Tenders/Cheesy Potatoes/Carrots/Dinner Roll
- 5/1 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
- 5/2 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

Early Release Menu: Chicken Sandwich or Bosco Sticks/Fresh Fruit/Salad/Choice of Chips/Chocolate Chip Cookie



- Daily Milk Choices:** Low Fat White-Fat Free Chocolate
- Condiments Daily:** Low Fat Italian and Low-Fat Ranch, BBQ Sauce, Ketchup, Mustard and Light Mayonnaise
- Available Daily on the Vegetable Bar:** Baby Carrots, Broccoli, Baby Spinach, Celery, Cucumbers, Peppers, Tomatoes, Romaine Lettuce.
- Fruit Available Daily:** Apples, Oranges, Pears, Raisins, Assorted Canned Selections, Bananas Wednesday and Thursday if available.
- Hot Vegetables Available Daily**

*All fruits and vegetables will be prepackaged for you.

Available Daily: Cheeseburger, Spicy Chicken Sandwich, Chicken Sandwich

Check sandwich specials in the Cafeteria.
We are happy to see you!



Eagle Pizzeria

- Monday: Mozzarella Sticks w/Marinara Sauce
- Tuesday: Pretzel w/Cheese
- Wednesday: Chef's Choice Pizza
- Thursday: Pizza Crunchers
- Friday: Bosco Sticks w/Marinara Sauce

Grab and Go

- Salads:** Crispy Chicken Salad w/ Goldfish Crackers
Chicken Caesar Salad w/Garlic Croutons/Goldfish
- Sandwiches:** Turkey & Cheese Sub, Ham & Cheese Sub,
Croissant with Turkey & Cheese or Italian Meat Sub.
- Wraps:** Chicken and Cheddar or Spicy Chicken and Cheddar
- Yogurt Parfaits:** Strawberry or Vanilla Yogurt
With Fruit and Granola
- Snack Pack:** PBJ/String Cheese w/ Goldfish Crackers or
Yogurt. Cereal. String Cheese & Goldfish Crackers

We use whole grain bread products. Full meal includes Entrée (Bread and Protein), 1cup Fruit (F), ½ cup or more Vegetable (V), and choice of 1% White or Fat Free Chocolate Milk. A meal must include 3 of these choices.

*You must have a ½ cup serving of a fruit or vegetable on your plate or you will be charged ala carte prices.

Menu subject to change

Milk: \$.50 Breakfast and Lunch: FREE to all students Adult Lunch Price: \$5.25



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