



Runaway & Homeless Youth Drop-In Center

A place to belong

HQ is a safe space for youth ages 14-24 you are experiencing unsafe or unstable housing.

Access to rest, resources, and people who understand.



Free laundry



A warm meal



A hot shower



Education resources



Employment resources



LGBT+ safe space

Younger Drop-In hours (ages 14 to 19)

Mondays 2:30p - 4:30p
Tuesdays 4:00p - 6:00p
Thursdays 4:00p - 6:00p

Older Drop-In hours (ages 20 to 24)

Mondays 5:00p - 8:00p
Tuesdays 12:30p - 3:30p
Thursdays 12:30p - 3:30p

Individual Drop-In hours are available on Wednesdays and Fridays by appointment.

Contact us

320 State Street Southeast
Grand Rapids, MI 49503
[Bus 4: stop State & Lafayette]
(616) 406 - 3945

Our social media

@HQGrandRapids

@hqgr

@hqgrorg

@hqgr.org

HQ – 320 State St SE
616.406.3945 HQgr.org

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If you or anyone age 14-24 that you know is going through a hard time, send them our way!