



EAGLE CAFE

Feeding Bodies-Fueling Minds

Middle School

Eagle Pride Favorites

May 2025

Hot off the Eagle Grill

5/1 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
5/2 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

5/5 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
5/6 Tacos/Refried Beans/California Blend
5/7 Hot Dogs/Chili/Baked Beans/Fries
5/8 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
5/9 Homemade Burritos/Spanish Rice/Chips/Cheese/Corn

5/12 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
5/13 Chicken Fajitas/Refried Beans/Tortilla Chips/Corn
5/14 Cherry Blossom Chicken/Broccoli/Rice/Peas
5/15 Cheesy Pasta Bake/Green Beans/Carrots/Garlic Bread
5/16 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

5/19 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
5/20 Nachos Deluxe/Refried Beans/California Blend
5/21 Grilled Cheese/French Fries/Mystery Cookie
5/22 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
5/23 Oven Fried Chicken/Cheesy Potatoes/Corn/Roll

5/26 Macaroni and Cheese/Smile Fries/Broccoli/Pretzel
5/27 Tacos or Walking Taco/Refried Beans/Tortilla Chips/Corn
5/28 Chicken Tenders/Cheesy Potatoes/Carrots/Dinner Roll
5/29 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
5/30 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

Daily Milk Choices: Low Fat White-Fat Free Chocolate

Condiments Daily: Low Fat Italian and Low-Fat Ranch, BBQ Sauce, Ketchup, Mustard and Light Mayonnaise

Available Daily on the Vegetable Bar: Baby Carrots, Broccoli, Baby Spinach, Celery, Cucumbers, Peppers, Tomatoes, Romaine Lettuce.

Fruit Available Daily: Apples, Oranges, Pears, Raisins, Assorted Canned Selections, Bananas Wednesday and Thursday if available.

Hot Vegetables Available Daily

***All fruits and vegetables will be prepackaged for you.**

Available Daily: Cheeseburger, Spicy Chicken Sandwich, Chicken Sandwich

Check sandwich specials in the Cafeteria.

We are happy to see you!



Friday May 2, 2025-School Lunch Hero Day!

Thank a Lunch Lady!

SCHOOL LUNCH HERO DAY™

Eagle Pizzeria

Monday: Mozzarella Sticks w/Marinara Sauce

Tuesday: Pretzel w/Cheese

Wednesday: Chef's Choice Pizza

Thursday: Pizza Crunchers

Friday: Bosco Sticks w/Marinara Sauce

Grab and Go

Salads: Crispy Chicken Salad w/ Goldfish Crackers

Chicken Caesar Salad w/Garlic Croutons/Goldfish

Sandwiches: Turkey & Cheese Sub, Ham & Cheese Sub,

Croissant with Turkey & Cheese or Italian Meat Sub.

Wraps: Chicken and Cheddar or Spicy Chicken and Cheddar

Yogurt Parfaits: Strawberry or Vanilla Yogurt

With Fruit and Granola

Snack Pack: PBJ/String Cheese w/ Goldfish Crackers or

Yogurt. Cereal. String Cheese & Goldfish Crackers

We use whole grain bread products. Full meal includes Entrée (Bread and Protein), 1cup Fruit (F), ½ cup or more Vegetable (V), and choice of 1% White or Fat Free Chocolate Milk. A meal must include 3 of these choices.

***You must have a ½ cup serving of a fruit or vegetable on your plate or you will be charged ala carte prices.**

Menu subject to change

Milk: \$.50 Breakfast and Lunch: FREE to all students Adult Lunch Price: \$5.25

USDA is an equal opportunity provider



EAGLE CAFE

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High School

Eagle Pride Favorites

May 2025

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5/1 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
5/2 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

5/5 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
5/6 Nachos Deluxe/Refried Beans/California Blend
5/7 Hot Dogs/Chili/Baked Beans/Fries
5/8 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
5/9 Homemade Burritos/Spanish Rice/Chips/Cheese/Corn

5/12 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
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5/20 Nachos Deluxe/Refried Beans/California Blend
5/21 Grilled Cheese/Tomato Soup/Hash Browns
5/22 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
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Croissant with Turkey & Cheese or Italian Meat Sub.

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Adult Lunch Price: \$5.25

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