## OCTOBER 2025

Kent City Elementary Lunch -Feeding Bodies-Fueling Minds

To fill out the Education Benefits Form please go to kentcity, familyportal cloud

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Your Meal Includes:  *Meat/Protein  *Bread/Grain  *Vegetable  *Fruit and *Milk	30	1 Cheesy Pasta Bake Romaine Ribbons Cherry Tomatoes Garlic Bread Pears	<b>2</b> Cheeseburger Baked Beans Fresh Baby Carrots/Ranch Fritos Orange Slices	Personal Pizza-Round Sliced Cucumbers Green Beans Luigi Frozen Cup	Milk: \$.50 with a lunch from home. Breakfast will be ready in your classroom when you arrive.
6 Popcorn Chicken Smile Fries WG Dinner Roll Peaches	7 Chips and Cheese Deluxe Taco Meat/Cheddar Cheese Refried Beans/Salsa Romaine Ribbons Applesauce Cup	8 Grilled Cheese Golden Corn Broccoli Dippers Pears	9 Hot Dog Fritos Baby Carrots Chocolate Chip Cookie Apple	Pizza Crunchers Marinara Sauce Green Beans Sweet Red Peppers Mixed Fruit	~Available Daily: *Turkey or Ham Sub Sandwich *Yogurt Fun Pack: Trix Yogurt, String Cheese, Goldfish Crackers or Trix Cereal
13 Chicken Tenders Fresh Baby Carrots/Ranch Soft Pretzel Peaches	14  Build A Taco Salsa/Corn  Dragon Juice Strawberry Cup	15 Mini Corn Dogs Romaine Salad Baked Beans Pears	16 Macaroni and Cheese Broccoli Dippers/Ranch Corn Bread Grapes	<b>17</b> No School Fall Break	Turkey and Cheese Lunchable will be available on Wednesdays  Wowbutter and Jelly Uncrustable with String Cheese Available every Friday
20 No School Fall Break	21 Doritos Walking Tacos Taco Meat/Cheddar Romaine Ribbons/Salsa Refried Beans/Corn Applesauce Cup	<b>22</b> Confetti Mini Pancakes  Colby Cheese Omelet  Hash Brown Rounds  100 % Juice Fruit Punch  Pears	23  Chicken Sandwich Green Beans Pretzels Banana Fresh Broccoli	<b>24</b> Fiestada Pizza Golden Corn Sweet Red Peppers Luigi Cup	Extra choices will be available each day at our new fruit and vegetable bar.
Pancake on a Stick String Cheese Hash Brown Rounds Warm Cinnamon Apples Zombie Sundae	Breaded Chicken Drumstick Mashed Potatoes Strawberry Bread Peach Cup	29  Cheesy Pasta Bake Romaine Ribbons Cherry Tomatoes Garlic Bread Pears	Cheeseburger Baked Beans Fresh Baby Carrots/Ranch Fritos Orange Slices	31 Personal Pizza-Round Sliced Cucumbers Green Beans Mixed Fruit	Questions or Comments:  Beth Ohman F55  616-678-7714 × 2105  Beth.ohman@kentcityschools.org  Menu Subject to Change