

### 3-5 Curriculum, Assessments, and Resource Pacing Chart

| Weeks | KCE Curriculum Units   | Assessment          | Additional Resources: | Anchor Standards with learning targets and success criteria   | Tech Integration |
|-------|--|---------------------|-----------------------|---|------------------|
| 1     | Classroom Rules / Expectations<br>Classroom Procedures / Routines<br><b>Emergency Procedures</b><br>(Fire / Tornado / Code Red.)<br>Locomotor Skill Review                       | Teacher Observation | shapeamerica.org      | “I can be a good listener and follow directions” (S4. E1)<br>“I can skip, gallop, slide, hop, run and leap with correct form” (S1.E1)   |                  |
| 3     | Review Week One<br>Personal Space. (Hula Hoops)<br><b>Exercise Introduction</b><br>(Arm Strength, Leg Strength, Core)<br><b>TEAM Building / Cooperation</b><br>(Hula Hut Relays) | Teacher Observation | shapeamerica.org      | “I can be a good listener and follow directions”. (S4. E1)<br>“I can demonstrate good personal space by myself and with a partner”. (S2. E1)<br>“I can perform today’s exercises with correct form and speed”. (S3. E3)<br>“I can work with others to solve a problem or accomplish a task”. (S4. E4) |                  |
| 4     | Archery for Fourth and Fifth Grade   | Teacher Observation | naspschools.org       | “I can safely and successfully shoot a bow and arrow”.  |                  |
| 4     | Swimming for Third Grade   | Teacher Observation | redcross.org          | “I can enter and exit the pool safely”<br>“I can go swim underwater”<br>“I can float on my back”.<br>“I can float on my stomach”.<br>“I can glide on my back”.<br>“I can glide on my stomach”.<br>“I can perform the front crawl”.<br>“I can perform the backstroke”.                                 |                  |
| 4     | Soccer   | Teacher Observation | shapeamerica.org      | “I can successfully dribble a soccer ball”. (S1. E18)<br>“I can successfully pass a soccer ball. (S1. E 19)<br>“I can successfully kick a soccer ball”. (S1. E21)<br>“I can successfully kick a soccer ball in a game like situation”. (S1. E20)  |                  |
| 3     | Reindeer Games   | Teacher Observation | shapeamerica.org      | “I can demonstrate good sportsmanship during Reindeer Games”. Rules & Etiquette (S4. E5)<br>Personal Responsibility (S4. E1,E2)<br>Working with Others. (S4. E4   |                  |

|   |  |                     |                  |   |  |
|---|--|---------------------|------------------|---|--|
|   |  |                     |                  | Self Expression / Enjoyment (S5.E3)   |  |
| 1 | “Re-Entry” - After Christmas Break. Review Classroom Rules / Expectations, Procedures / Routines. Emergency Procedures. Personal Space. Exercise Review. TEAM Building / Cooperation | Teacher Observation | shapeamerica.org | <p>“I can be a good listener and follow directions”. (S4. E1)</p> <p>“I can demonstrate good personal space by myself and with a partner”. (S2. E1)</p> <p>“I can perform today’s exercises with correct form and speed”. (S3. E3)</p> <p>“I can work work with others to solve a problem or accomplish a task”. (S4. E4)</p> |  |
| 3 | Jump Rope / Hockey   | Teacher Observation | shapeamerica.org | <p>“I can jump rope continuously” (S1. E27)</p> <p>“I can successfully dribble a hockey puck”. (S1. E25)</p> <p>“I can successfully pass / shoot a hockey puck”. (S1. E25)</p> <p>“I can successfully dribble, pass and shoot a hockey puck in a game like situation”. (S1. E26)</p>  |  |
| 3 | Volleyball   | Teacher Observation | shapeamerica.org | <p>“I can successfully <b>SET</b> a Beach Ball (S1. E23)</p> <p>“I can successfully <b>Bump</b> a Beach Ball. (S1. E22)</p> <p>“I can successfully Set and Bump a Beach Ball in a game like situation.</p>  |  |
| 4 | Basketball   | Teacher Observation | shapeamerica.org | <p>“I Successfully dribble a basketball”. (S1. E17)</p> <p>“I can successfully pass a basketball. (S1. E15)</p> <p>“I can successfully shoot a basketball. (S1. E20)</p>  |  |
| 3 | Tennis   | Teacher Observation | shapeamerica.org | <p>“I can use the <b>FACE</b> of the Racquet to direct the ball”. (S1. E24)</p> <p>“I can use the <b>FACE</b> of the Racquet to send the ball over the net”. (S1. 24)</p> <p>“I can successfully hit a foam ball in a game like situation.” (S1. E26)</p>   |  |

|   |                                 |                     |                  |  |  |
|---|---------------------------------|---------------------|------------------|--|--|
| 4 | Tee Ball. Throwing and Catching | Teacher Observation | shapeamerica.org | <p>“I can throw / toss underhand with correct form.” (S1. E13)</p> <p>“I can throw overhand with correct form”. (S1. E14)</p> <p>“I can successfully catch a ball below my waist and above my waist.” (S1. E16)</p> <p>“I can successfully hit a ball off a Tee”. (S1. E25)</p> <p>“I can successfully hit a ball off a Tee in a game like situation”. (S1. E26)</p> |  |
| 3 | Badminton                       | Teacher Observation | shapeamerica.org | <p>“I can use the <b>FACE</b> of the Paddle to direct the birdie”. (S1. E24)</p> <p>“I can use the FACE of the Paddle to send the birdie over the net”. (S1. 24)</p> <p>“I can continuously hit the birdie over the net in a game like situation.” (S1. E26)</p>   |  |