



EAGLE CAFE

Feeding Bodies-Fueling Minds High School

Eagle Pride Favorites

March 2025

Hot off the Eagle Grill

3/3 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
3/4 Nachos Deluxe/Refried Beans/California Blend
3/5 Hot Dogs/Chili/Baked Beans/Fries
3/6 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
3/7 Homemade Wet Burrito/Rice/Tortilla Chips/Cheese Sauce

3/10 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
3/11 Chicken Fajitas/Peppers/Mexican Street Corn/ Chips
3/12 Cherry Blossom Chicken/Broccoli/Rice/Peas
3/13 Cheesy Pasta Bake/Green Beans/Carrots/Garlic Bread
3/14 French Tst Sticks/Sausage/Hash Browns/CinnamonApples

3/17 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
3/18 Nachos Deluxe/Refried Beans/California Blend
3/19 Grilled Cheese/Tomato Soup/Hash Browns
3/20 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
3/21 Oven Fried Chicken/Cheesy Potatoes/Corn/Roll

3/24 Macaroni and Cheese/Smile Fries/Broccoli/Pretzel
3/25 Tacos or Walking Taco/Refried Beans/Tortilla Chips/Corn
3/26 Chicken Tenders/Cheesy Potatoes/Carrots/Dinner Roll
3/27 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
3/28 Early Release Menu
3/31 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
Early Release Menu: Chicken Sandwich or Bosco Sticks/Fresh Fruit/Salad/Choice of Chips/Chocolate Chip Cookie



Daily Milk Choices: Low Fat White-Fat Free Chocolate
Condiments Daily: Low Fat Italian and Low-Fat Ranch, BBQ Sauce, Ketchup, Mustard and Light Mayonnaise
Available Daily on the Vegetable Bar: Baby Carrots, Broccoli, Baby Spinach, Celery, Cucumbers, Peppers, Tomatoes, Romaine Lettuce.
Fruit Available Daily: Apples, Oranges, Pears, Raisins, Assorted Canned Selections, Bananas Wednesday and Thursday if available.
Hot Vegetables Available Daily

***All fruits and vegetables will be prepackaged for you.**

Available Daily: Cheeseburger, Spicy Chicken Sandwich, Chicken Sandwich

Check sandwich specials in the Cafeteria.
We are happy to see you!



National School Breakfast Week

Eagle Pizzeria

Monday: Mozzarella Sticks w/Marinara Sauce
Tuesday: Pretzel w/Cheese
Wednesday: Chef's Choice Pizza
Thursday: Pizza Crunchers
Friday: Bosco Sticks w/Marinara Sauce

Grab and Go

Salads: Crispy Chicken Salad w/ Goldfish Crackers
Chicken Caesar Salad w/Garlic Croutons/Goldfish
Sandwiches: Turkey & Cheese Sub, Ham & Cheese Sub, Croissant with Turkey & Cheese or Italian Meat Sub.
Wraps: Chicken and Cheddar or Spicy Chicken and Cheddar
Yogurt Parfaits: Strawberry or Vanilla Yogurt With Fruit and Granola
Snack Pack: PBJ/String Cheese w/ Goldfish Crackers or Yogurt. Cereal. String Cheese & Goldfish Crackers

We use whole grain bread products. Full meal includes Entrée (Bread and Protein), 1cup Fruit (F), ½ cup or more Vegetable (V), and choice of 1% White or Fat Free Chocolate Milk. A meal must include 3 of these choices.

*You must have a ½ **cup** serving of a fruit or vegetable on your plate or you will be charged ala carte prices.

Menu subject to change

Milk: \$.50 Breakfast and Lunch: FREE to all students Adult Lunch Price: \$5.25