



EAGLE CAFE

Feeding Bodies-Fueling Minds High School

Eagle Pride Favorites

September 2025

Hot off the Eagle Grill

9/1 No School Labor Day Holiday
 9/2 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
 9/3 Cherry Blossom Chicken/Broccoli/Rice/Peas
 9/4 Pasta Bake w/Cheese/Green Beans/Garlic Bread
 9/5 French Tst Sticks/Sausage/Hash Browns/Cinnamon Apples

9/8 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
 9/9 Nachos Deluxe/Refried Beans/California Blend
 9/10 Grilled Cheese/Tomato Soup/Hash Browns
 9/11 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
 9/12 Oven Fried Chicken/Potatoes/Corn/Dinner Roll

9/15 Mac and Cheese/Broccoli/Smile Fries/Blueberry Muffin
 9/16 Tacos or Walking Taco/Refried Beans/Tortilla Chips/Corn
 9/17 Chicken Tenders/Cheesy Potatoes/Carrots/Dinner Roll
 9/18 Pasta w/Meat Sauce/Meatballs/Green Beans/Garlic Bread
 9/19 French Tst Sticks/Sausage/Hash Browns/Cinnamon Apples

9/22 Popcorn Chicken/Mashed Potatoes/Gravy/Dinner Roll
 9/23 Nachos Deluxe/Refried Beans/California Blend
 9/24 Hot Dogs/Chili/Baked Beans/Fries
 9/25 Pasta Alfredo/Broccoli/Green Beans/Garlic Bread
 9/26 Early Release Menu

9/29 Sidewinder Pulled Pork Nachos/Corn Bread/Queso
 9/30 Chicken Fajitas/Refried Beans/Tortilla Chips/Corn

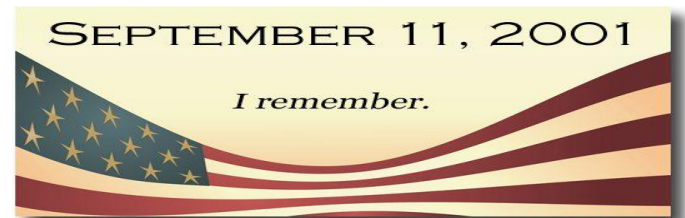
Early Release Menu:
 Chicken Sandwich or Cheeseburger/Fresh Fruit/Salad/Choice of
 Chips/Chocolate Chip Cookie

Daily Milk Choices: Low Fat White-Fat Free Chocolate
Condiments Daily: Low Fat Italian and Low-Fat Ranch,
 BBQ Sauce, Ketchup, Mustard and Light Mayonnaise
Available Daily on the Vegetable Bar: Baby Carrots, Broccoli, Baby
 Spinach, Celery, Cucumbers, Peppers, Tomatoes, Romaine Lettuce.
Fruit Available Daily: Apples, Oranges, Pears, Raisins, Assorted
 Canned Selections, Bananas Wednesday and Thursday if available.
Hot Vegetables Available Daily

***All fruits and vegetables will be prepackaged for you.**

Available Daily: Cheeseburger, Spicy Chicken Sandwich,
 Chicken Sandwich

Check sandwich specials in the Cafeteria.
 We are happy to see you!



Eagle Pizzeria

Monday: Mozzarella Sticks w/Marinara Sauce
 Tuesday: Pretzel w/Cheese
 Wednesday: Chef's Choice Pizza
 Thursday: Pizza Crunchers
 Friday: Bosco Sticks w/Marinara Sauce

Grab and Go

Salads: Crispy Chicken Salad w/ Goldfish Crackers
 Chicken Caesar Salad w/Garlic Croutons/Goldfish
Sandwiches: Turkey & Cheese Sub, Ham & Cheese Sub,
 Croissant with Turkey & Cheese or Italian Meat Sub.
Wraps: Chicken and Cheddar or Spicy Chicken and Cheddar
Yogurt Parfaits: Strawberry or Vanilla Yogurt
 With Fruit and Granola
Snack Pack: PBJ/String Cheese w/ Goldfish Crackers or
 Yogurt. Cereal. String Cheese & Goldfish Crackers

We use whole grain bread products. Full meal includes Entrée (Bread and Protein), 1cup Fruit (F), ½ cup or more Vegetable (V), and choice of 1% White or Fat Free Chocolate Milk. A meal must include 3 of these choices.

*You must have a ½ **cup** serving of a fruit or vegetable on your plate or you will be charged ala carte prices.

Menu subject to change

Milk: \$.50 Breakfast and Lunch: FREE to all students Adult Lunch Price: \$5.25