



Course Catalog

Michigan

Math

Geometry A/B

A comprehensive examination of geometric concepts, each lesson provides thorough explanations and builds on prior lessons. Step-by-step instruction and multiple opportunities for self-check practice develop skills and confidence in students as they progress through the course. The course features animations, which allow students to manipulate angles or create shapes, such as triangles, engage students in learning and enhance mastery. Labs extend comprehension by giving students hand-on experiences.

Math 6 A/B

This semester-long middle school course will provide students with a deep understanding and mastery of the objectives that will prepare them for algebra. It is aligned to Common Core State Standards, and is based on best practices in the teaching of mathematics and the disciplines of STEM learning. Students will develop 21st century skills as they master ratios and proportional relationships; the number system; and number visualization. The course is highly engaging while being easy for teachers to customize and manage.

Math 7 A/B

Math 7 builds on material learned in earlier grades, including fractions, decimals, and percentages and introduces students to concepts they will continue to use throughout their study of mathematics. Among these are surface area, volume, and probability. Real-world applications facilitate understanding, and students are provided multiple opportunities to master these skills through practice problems within lessons, homework drills, and graded assignments.

Math 8 A/B

This course is designed to enable all students at the middle school level to develop a deep understanding of math objectives and leaves students ready for algebra. The first semester covers objectives in transformations, linear equations, systems of equations, and functions. The second semester focuses on scientific notation, roots, the Pythagorean Theorem and volume, and statistics and probability. The course is based on the Common Core State Standards Initiative and on a modern understanding of student learning in mathematics.

English Language Arts

English 06 A/B

This course provides a strong foundation in grammar and the writing process. It emphasizes simple but useful composition and language mechanics strategies with multiple opportunities for modeling practical, real-world writing situations that will enable students to improve their written communication skills quickly. Through a variety of grade-appropriate reading selections, students develop a clear understanding of key literary genres and their distinguishing characteristics.

English 07 A/B

English 7 integrates the study of writing and literature through the examination of a variety of genres. Students identify the elements of composition in the reading selections to understand their function and effect on the reader. Practice is provided in narrative and expository writing. Topics include comparison and contrast, persuasion, and cause and effect essays, as well as descriptive and figurative language. Lessons are supplemented with vocabulary development, grammar, and syntax exercises, along with an introduction to verbal phrases and research tools.

English 08 A/B

Extends the skills developed in English 7 through detailed study of parts of sentences and paragraphs to understand their importance to good writing. Students also acquire study skills such as time management and improved test-taking strategies. Other topics include punctuation, word choice, syntax, varying of sentence structure, subordination and coordination, detail and elaboration, effective use of reference materials, and proofreading.

Social Studies

Civics A/B

Interactive, problem-centered, and inquiry-based, each unit in Civics emphasizes the acquisition, mastery, and processing of information. Every unit features both factual and conceptual study questions, instructional strategies include Socratic instruction, student-centered learning, and experiential learning. Topics covered range from Basic Concepts of Power and Authority and National Institutions of Government to analyses of society and citizenship.

Course Catalog



Contemporary World A/B 1 A

The Contemporary World is a year-long course designed to strengthen learners' knowledge about the modern world. Multimedia tools including custom videos as well as videos from the BBC, custom maps, and interactive timelines will help engage learners as they complete this course. Learners will explore the importance of geography, the influence of culture, and the relationship humans have with the physical environment. They will also focus on the responsibility of citizens, democracy in the United States, U.S. legal systems, and the U.S. economy. Ultimately, learners will complete this course as global citizens with an understanding of how to help and better their community and the world.

Michigan World History and Geography A/B 1 A

Michigan high school students taking this course will get a true survey of world history. Beginning with the study of early human societies and the invention of agriculture, this course takes the students on a journey through time, from ancient societies up through the modern era. This course employs many interactive features like maps and images with clickable hot spots that students can explore to get more information about things such as regions, cities, and geographical features on a map and artistic techniques and features in famous works of art. Best of all, this course is aligned to the Michigan state standards of learning and to the English Language Arts (ELA) Standards for History and Social Studies.

Middle School U.S. History A/B 1 A

In Middle School U.S. History, learners will explore historical American events with the help of innovative videos, timelines, and interactive maps and images. The course covers colonial America through the Reconstruction period. Learners will develop historical thinking and geography skills, which they will use throughout the course to heighten their understanding of the material. Specific topics of study include the U.S. Constitution, the administrations of George Washington and John Adams, the War of 1812, and the Civil War.

Middle School World History A/B 1 A

In Middle School World History, learners will study major historical world events from early human societies through to the present day. Multimedia tools including custom videos as well as videos from the BBC, custom maps, and interactive timelines will help engage learners as they complete this year-long course. They will explore the development of early humans and early civilizations. They will be introduced to the origins of major world religions, such as Hinduism and Buddhism. Also, learners will study the medieval period. Historical thinking and geography skills will be taught and utilized throughout the course.

World Geography A/B 1 A

In an increasingly interconnected world, equipping students to develop a better understanding of our global neighbors is critical to ensuring that they are college and career ready. These semester-long courses empower students to increase their knowledge of the world in which they live and how its diverse geographies shape the international community. Semester A units begin with an overview of the physical world and the tools necessary to exploring it effectively. Subsequent units survey each continent and its physical characteristics and engage students and encourage them to develop a global perspective.

Science

Earth and Space Science A/B 1 A

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school Earth and space science. Content topics include Earth and space systems and interactions, the history of the Earth, the Earth's systems, weather and climate, climate change, and human impacts on the Earth.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Life Science A/B 1 A

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school life science. Content topics include cells and human body systems, structure and functions of living organisms, genes and adaptations, evolution, energy flow in ecosystems, and interdependence of ecosystems.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Course Catalog



Physical Science A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with middle school physical science. Content topics include structure and properties of matter, chemical reactions, forces and motion, force fields, energy, and waves.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 6 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with a sixth-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19), focusing on basic physical science, Earth and space science, and ecosystems. Content topics include structure and properties of matter, forces and motion, the Earth and space, the history of the Earth, the interdependence of ecosystems, and weather and climate.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 6 with Virtual Labs A/B

Science 6 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with sixth-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on basic physical science and earth and space science. Semester B focuses on the history of the Earth, ecosystems, and weather and climate.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 6 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Science 7 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with a seventh-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19), focusing on cells, the life cycle, nutrition, chemical reactions, force fields, and energy. Content topics include cells and human body systems, the life cycle, nutrition and energy, chemical reactions, force fields, and energy.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Science 7 with Virtual Labs A/B

Science 7 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with seventh-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on cells, the life cycle, and nutrition. Semester B focuses on chemical reactions, force fields, and energy.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 7 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Science 8 A/B

This inquiry- and lab-based course is designed to support modern science curriculum and teaching practices. It robustly meets NGSS learning standards associated with an eighth-grade integrated science course ([NGSS Appendix K: Modified Conceptual Progression Model](#), p. 19). Content topics include genes and adaptations, evolution, energy and the Earth, the Earth's changing climate, waves, and technology and human impacts on the Earth.

Each lesson includes one or more inquiry-based activities that can be performed online within the context of the lesson. In addition, the course includes a significant number of hands-on lab activities. Approximately 40% of student time in this course is devoted to true lab experiences, as defined by the [National Research Council \(2006, p. 3\)](#).

Lab materials note: All hands-on labs employ relatively-common household materials. Please refer to the Student Syllabus or Teacher's Guide for details on lab materials.

Course Catalog



Science 8 with Virtual Labs A/B

Science 8 with Virtual Labs is an integrated science course based on the [Next Generation Science Standards \(NGSS\)](#). The content covers all three dimensions incorporated by NGSS: [disciplinary core ideas](#), [science and engineering practices](#), and [crosscutting concepts](#). The course robustly meets NGSS learning standards associated with eighth-grade integrated science ([NGSS Appendix K: Revised Conceptual Progressions Model](#), p. 19). Semester A focuses on genes, evolution, and the Earth's energy. Semester B focuses on Earth's changing climate, waves, and human impact on the Earth.

In this course, students complete teacher-graded labs in the Course Activities and Unit Activities. This version of Science 8 has been designed so that all labs are virtual. Students will still be able to plan and execute investigations through carefully designed simulations and videos. They will also be able to design experimental setups and analyze data and visuals derived from real-world experiments.

Career & Technical Education

Career Explorations

The 21 lessons and additional activities in this one-semester course are fundamental to ensuring career readiness on the part of your students. Covering such essentials as developing and practicing a strong work ethic, time management, communication, teamwork, and the fundamentals of workplace organizations, Career Explorations develops not just essential skills, but the confidence in themselves and their abilities to present themselves that your students need as they prepare to embark on their chosen careers.

Electronic Communication Skills

This semester-long course is based on Career and Technical Education (CTE) standards to help students prepare for entry into a wide range of careers and/or into postsecondary education. It is designed to enable students at high school level to develop electronic communication skills that they can use in their careers.

Essential Career Skills

This course helps students understand and practice critical life and workplace readiness skills identified by employers, state boards of education, and Advance CTE. These skills include personal characteristics, such as positive work ethic, integrity, self-representation, and resourcefulness, as well as key people skills, communication skills, and broadly-applicable professional and technical skills. These skills are universally valuable but sometimes assumed or glossed over in more career-specific courses. For that reason, this provides students with a solid foundation in their career studies.

Principles of Agriculture, Food, & Natural Resources A/B

Throughout this course, your students will learn about various career options in the agriculture, food, and natural resources industries. They will learn about technology, safety, and regulatory issues in agricultural science. They will also learn about some topics related to agriculture, such as international agriculture and world trade, sustainability, environmental management, research, development, and future trends in the industry. The course helps students navigate the rising demand for sustainable food sources while also meeting the challenge of producing higher yields to feed a growing world.

Principles of Architecture and Construction

This interactive course empowers students with the knowledge to appreciate and evaluate career opportunities in architecture and construction. With an emphasis on developing critical thinking skills, this one-semester course includes a variety of activities as students learn about structures and loads, materials and costs, urban design, and other aspects of these fascinating career opportunities. This easy-to-manage course will help build a solid foundation for their career options.

Principles of Arts, Audio/Video Technology, & Communications A/B

This course appeals to your students' familiarity with a variety of sensory inputs and stimulus. With an emphasis on visual arts, the 14 lessons introduce learners to careers in design, photography, performing arts, fashion, and journalism, among others. This engaging course covers inherently engaging topics that will stimulate your students as they consider careers in which the arts, technology, and communications intersect.

Principles of Business, Marketing, & Finance A/B

This course has a broad application for almost every career path that your students might choose. This course supplies both essential career skills and life skills. Designed for early high school students, the course offers you the flexibility to customize it to the unique needs of your program and your students. Interactive games and other engaging online and offline activities make practical real-life application of essential business principles understandable useful in the daily lives of your students and in the careers that they choose.

Principles of Education & Training A/B

This course is designed to enable all students at the high school level to learn the basics of education and training. Students will learn about the various trends and factors that influence the education industry. This course introduces various career opportunities in the field of education. The units in this course include personal and professional skills needed in various education careers, child growth and development, child health, delivering instruction, and technology in education. The course is based on Career Technical Education (CTE) standards designed to help students develop technical knowledge and skills needed for success in the education industry.

Course Catalog



Principles of Engineering & Technology A/B

This easy-to-manage course provides students with essential STEM knowledge and an effective overview of STEM careers. The course's 15 lessons are interspersed with activities and online discussions that engage learners and promote understanding and achievement. Topics covered include biotechnology, mechanics, and fluid and thermal systems. The concluding lesson provides a valuable overview of the overall engineering design process.

Principles of Government & Public Administration A/B

This course is designed to enable all students at the high school level to learn the basics of government and public administration. Students explore career opportunities in the field of government and public administration. They also learn about the career-related skills, such as job acquisition skills, reading and writing, and mathematics they need to possess as professionals in this field. They learn about the safe and healthy working conditions necessary in the field of government and public administration. This course covers topics such as: the influence of geography and technology, and networking and communication as they relate to government and public administration. The course is based on Career and Technical Education (CTE) standards designed to help students prepare for entry into a wide range of careers in government and public administration industry.

Principles of Health Science A/B

With an engaging and interactive instructional approach, this rigorous course provides your students with a comprehensive overview of health science topics and careers. Health science professionals are in increasing demand and of increasing interest, and this semester-long course is an effective way to introduce students to the wide array of health science careers. Beginning with medical terminology, the course includes an overview of physiology and human homeostasis and more.

Principles of Hospitality & Tourism A/B

The hospitality and tourism industry offers a dynamic career path that will pique the interest of many of your students. This course emphasizes learning the practical aspects of the industry and promotes the development of critical-thinking skills required in real-world situations. The 14-lesson course will introduce your students to the basics of hospitality and tourism, and will help them evaluate their skills and prepare for a career in this growing and exciting industry.

Principles of Human Services A/B

This course is designed to enable all students at the high school level to develop the critical skills and knowledge necessary in the human services industry. Students will learn about various personal characteristics that they need to demonstrate in the workplace, such as integrity, and positive work ethics. This course covers topics such as employability skills, counseling and mental health services, and consumer services. The course is based on Career Technical Education (CTE) standards designed to help students prepare for entry into a wide range of careers in the human services field.

Principles of Information Technology A/B

Building on the fundamentals learned in Information Technology 1A, this course takes the next steps in preparing learners for a career in information technology. Covering software, hardware, and implementation topics, the course also addresses the security and ethical issues that your students will face in an IT career. Combining lessons, online and offline activities, and interactive discussions, the course will provide a practical yet cutting edge look at the issues faced by leading IT professionals today and in the future.

Principles of Law, Public Safety, Corrections, & Security A/B

For many reasons, high school students are drawn to learning about the careers addressed in this course. This course includes 15 lessons that help students learn about careers that make a powerful impact in all of our lives. From criminal law to every phase of the trial process, the course moves on to include lessons on the correctional system and the implications of legal ethics and the constitution.

Principles of Manufacturing A/B

Principles of Manufacturing is a course comprising of 15 lessons to help your students understand various manufacturing processes, concepts, and systems, and to introduce them to the various career paths available to them in manufacturing. This course emphasizes STEM principles while also covering practical aspects of manufacturing such as marketing and regulatory issues, as well as issues related to launching and managing a manufacturing business.

Principles of Transportation, Distribution, & Logistics A/B

In an increasingly interconnected world, this course will introduce your students to an industry that delivers what people want, when and how they want it. The TDL industry is essential to creating global economic growth through increasingly more efficient delivery of goods and services. This course will help to develop both the quantitative and qualitative skills and knowledge required for students to prepare themselves for a successful TDL career. The course addresses the relevant logistical and geopolitical issues that impact global trade.

Professional Communications

This course is designed to enable all students at the high school level to develop communication skills they will need to be successful in a profession. Students learn about the key aspects of the communication process. They learn to apply communication protocol and appropriate language skills in professional and social communication. Students also explore effective strategies to address diversity in communication. Finally, students familiarize themselves with reading, writing, speaking, and listening skills. This course covers topics such as communication in business organizations and technology for communication. The course is based on Career Technical Education (CTE) standards designed to help students prepare for communication in a wide range of professions.



World Languages

French 1 A/B 1 ▲

These courses are based on a researched scope and sequence that covers the essential concepts of French. Class discussions provide an opportunity for discourse on specific topics in French. A key support tool is the Audio Recording Tool that enables students to learn a critical skill for French: listening and speaking. Beginning with learning personal greetings and continuing through practical communications exchanges, French 1B introduces students to the skills necessary to make the most of traveling to French-speaking countries.

French 2 A/B 1 ▲

Each of these semesters is designed to build on the principles mastered in French 1 and use a combination of online curriculum, electronic learning activities, and supporting interactive activities to fully engage learners. Unit pretests, post-tests, and end-of-semester tests identify strengths and weaknesses, helping to create a more personalized and effective learning experience. As with French 1, these 90-day courses emphasize practical communication skills while also building intercultural awareness and sensitivity.

German 1 A/B 1 ▲

As with all Edmentum world language courses, German 1 A and B address two primary issues: providing a meaningful context that encourages learners to think in the target language as much as possible; and introducing grammatical concepts without over reliance on grammatical analysis. German 1A focuses on communicating basic and practical greetings and personal information. German 1B consists of five units over about 14 weeks, with an emphasis on a variety of practice types throughout the course.

German 2 A/B 1 ▲

According to *The Economist* and the Census Bureau, German-American is America's largest single ethnic group, with over 46 million Americans claiming German Ancestry. German 2 A and B tap into learners' latent interest in their cultural past, present, and future. These courses employ direct-instruction approaches, including application of the target language through activities. Each unit in the course includes a predefined discussion topic. These discussions provide an opportunity for discourse on specific topics in German.

Spanish 1 A/B 1 ▲

Spanish is the most spoken non-English language in U.S. homes, even among non-Hispanics, according to the Pew Research Center. There are overwhelming cultural, economic, and demographic reasons for students to achieve mastery of Spanish. Spanish 1A and B engage students and use a variety of activities to ensure student engagement and to promote personalized learning. These courses can be delivered completely online, or implemented as blended courses, according to the unique needs of the teacher and the students.

Spanish 2 A/B 1 ▲

Spanish 2A and B utilize three assessment tools that are designed specifically to address communication using the target language: Lesson Activities, Unit Activities, and Discussions. These tools help ensure language and concept mastery as students grow in their understanding and use of Spanish. Learning games specifically designed for language learning are used and can be accessed on a wide variety of devices.

Spanish 3 A/B 1 ▲

Spanish 3A and B take a unique approach by setting the lessons in each unit in a specific Spanish-speaking locale, immersing students in the language and in a variety of Hispanic cultures and issues. For example, Unit 5 in Semester B includes a discussion of the environmental issues in Argentina. Concluding the three-year cycle of Spanish courses, Spanish 3A and B effectively combine group and individual learning and offer activities and assessments to keep students engaged and on track.

Health & Fitness

Family & Consumer Science ▲

Family & Consumer Science prepares students with a variety of skills for independent or family living. Topics covered include child care, home maintenance, food preparation, money management, medical management, clothing care, and more. They also focus on household, personal, and consumer health and safety. In addition, students learn goal setting and decision-making skills, as well as explore possible career options.

Family Living & Healthy Relationships ▲

In this course, students examine the family unit and characteristics of healthy and unhealthy relationships at different phases of life-- including information on self-discovery, family, friendships, dating and abstinence, marriage, pregnancy, and parenthood. Students learn about the life cycle and the different stages of development from infancy to adulthood. They also focus on a variety of skills to improve relationships and family living, including coping skills, communication skills, refusal skills, babysitting, parenting, and healthy living and disease prevention habits.

Fitness Basics 1 ▲

This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments, set goals, develop their own fitness program, and participate in weekly physical activity.



Course Catalog

Fitness Basics 2

This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments and participate in weekly physical activity.

Health Careers

In this course, students explore a variety of career options related to the health care field, including medicine, nursing, physical therapy, pharmacy, dental careers, sports medicine, personal training, social work, psychology, and more. Students will learn about various options within each field, what each of these jobs entails, and the education and knowledge required to be successful. In addition, they will focus on basic job skills and information that would aid them in health care and other career paths.

Intro to Group Sports 1

This course provides students with an overview of group sports. Students learn about a variety of sports, and an in-depth study of soccer or basketball. Students learn not only the history, rules, and guidelines of each sport, but practice specific skills related to each sport. Students also learn about game strategy and the benefits of sports. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.

Intro to Group Sports 2

This course provides students with an overview of group sports. Students learn about a variety of sports and do an in-depth study of baseball/softball, and volleyball. Students learn the history, rules, and guidelines of each sport, as well as practice specific skills related to each sport. Students also learn about sportsmanship and teamwork. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.

Intro to Individual Sports 1

This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity.

Intro to Individual Sports 2

This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity.

Middle School Health

Middle School Health aids students in creating a foundation of personal health. Beginning with properly defining health, this course then builds upon basic health practices to emphasize the importance of balance. Attention is given to each of the six dimensions of wellness; namely, physical, intellectual, emotional, spiritual, social, and environmental. Students are taught the skills necessary to improve every aspect of health. They are also encouraged to reflect upon their own personal wellness each week.

Secondary Electives

Middle School Career Explorations

What career are you best suited for? In this course, students will explore career options in many different fields including business, health science, public administration, the arts, and information technology.

Middle School Journalism

Who? What? When? Where? Journalism provides us with the answers to these questions for the events that affect our lives. In this course, students will learn how to gather information, organize ideas, format stories for different forms of news media, and edit their stories for publication. The course will also examine the historical development of journalism and the role of journalism in society.

Middle School Photography: Drawing with Light

"A picture is worth a thousand words." Photographs play an important role in our world today. We photograph to preserve memories, document events, and create artistic works. This course introduces students to the basics of photography, including camera functions and photo composition. Students will learn what it takes to create a good photograph and how to improve photographs of animals, people, and vacations. They will also begin working with their photographs using photo-editing software. Through a variety of assigned projects, students will engage their creativity by photographing a range of subjects and learning to see the world through the lens of their cameras.

Course Catalog



① Michigan 21f/MVU Program List

info@edmentum.com

▲ Michigan GenNET Online Learning Portal